

2017 ITI World Symposium in Switzerland – Australia again punches well above its weight.

Jenny and Will have recently returned from the ITI World Symposium held in Basel, Switzerland. The ITI was formed 30 years ago and is a leading academic organization dedicated to the promotion of evidence-based education and research in the field of implant dentistry. The theme for 2017 World Symposium was “Key factors for long-term success”. We have known for many years now that dental implants integrate very well with the bone in the jaws and can be used for supporting crowns, bridges and dentures to replace missing teeth. The focus of this symposium was to look beyond the early success of implants, to how we can design and maintain the implants and restorations for the long-term. Both Jenny and Will thoroughly enjoyed being part of a world class conference with over 4800 delegates. They were very pleased to see one of the dental specialists they refer to for periodontics and implant surgery - Dr Stephen Chen - take over as President of the ITI for the next four years. This is the first time the President has come from the southern hemisphere and only the second President from outside Europe. The ITI is in very good hands with Stephen at the helm. They were also proud of the number of local Melbourne speakers at the symposium and the number of Australians on the committees and upper echelons of the ITI.



A total of more than 4,800 dental professionals from 90 countries attended the ITI's flagship event, making it the biggest international implant dentistry congress ever with excellent Australian representation.

Anywhere, Anytime - Oral Health for Busy Lives

The theme of this year's Dental Health Week 7-13 August 2017

Hopefully you are one of the 67% of adults who believe that looking after your teeth and gums is important. You know that poor oral health can impact adversely on your overall health and has been linked to heart disease. Maintaining oral health is easy if you eat and drink healthily, brush your teeth well twice daily and floss daily. Visiting your dentist every 6 months ensures you're getting it right. Unfortunately, many patients think they are too busy to do this and only 51% of adults actually brush twice daily and only 17% regularly use floss or another methods of cleaning between the teeth.

Jenny Levecke writes...

Prevent a visit to your dentist If you think you're too busy to spend a few minutes each morning and night on oral hygiene, then surely you're too busy to spend hours in the dental surgery having hours of time consuming and costly dental treatment.

Oral Health Education Visits This year, Dr Rachelle Welti from our practice will be visiting local and community groups during **Dental Health Week 7-13 August** to help spread the oral health message. If you have a group you think may be interested in hearing more about oral health, please feel free to contact us on 9878-1411 or office@blackburndental.com.au

For more information, please check out the ADA website <https://www.ada.org.au/Dental-Health-Week/Home>. You'll find tips for you and your family for better brushing and flossing, advice on good dietary habits and more. If you don't have access to the internet, please ask one of our friendly reception staff to print some fact sheets for you.



Our new look website has launched!

Following several months of design and development, we're happy to announce our website has a more contemporary look and functionality, including new photos and a refreshed Blackburn Dental logo.

Take a visit to see what we've published for our patients on oral health, post dental care and more. Your feedback is appreciated www.blackburndental.com.au



Play it safe when playing sport – a message from Wynne Yip

Traumatic injury during sporting activities can cause damage to teeth, bone/jaws and soft tissues including the tongue and the lips. Unfortunately, a single incident can sometimes lead to a lifetime of dental treatment in order to maintain the health, function and aesthetics of the damaged teeth. Intentional collision and contacts in sports such as rugby, football, hockey and boxing obviously carry risks as we all know. However, in non-contact sports such as cricket, basketball, netball and soccer, accidental collisions can occur as well. During an impact, a custom-fitted mouth guard helps to absorb and spread the impact of the blow to the face. In comparison to their "boil & bite" counterparts from a chemist or sports store, custom-fitted mouthguards are a lot more protective and comfortable as they are molded to the shape of your teeth tightly. Getting a custom-fitted mouthguard made by your dentist is simple and quick and they are available in a variety of colours. Prevention is always better than cure. Play it safe and wear a custom-fitted mouthguard.



Wearing a custom fitted mouth guard is one of the best ways to prevent injury to your teeth, tongue and lips.

37th ANNUAL AUSTRALIAN DENTAL CONGRESS – MELBOURNE MAY 2017

From Odette - Blackburn Dental's Practice Manager

The Australian Dental Conference in Melbourne has in the past proven to be an extremely valuable and worthwhile event to attend and this year's conference on 18-20 May did not disappoint. It was great to spend those few days immersing myself in the many lectures from a diversity of leaders and industry professionals to improve my knowledge and understanding of current industry issues and future trends. The opportunity to listen and converse with other professionals as to how they manage their surgeries gives me insight and ideas that I can use to improve processes within our own practice, I believe the conference is important not only for the immediate passing of information but to catch up with friends and build lasting network contacts.

STOP PRESS BABY NEWS! Our congratulations to the newest member of the BDG extended family. In late May, Dr Khanh Nguyen successfully delivered a healthy baby girl named "Sophia".

If you enjoy reading our newsletters, you can find them published on our website under Patient Resources

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